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Financial: Bessel van der Kolk is a professor of psychiatry at the Boston University School of Medicine. He is the medical director of the Trauma Center in Boston. He receives a speaking honorarium from PESI, Inc.

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He has presented in all 50 U.S. states and internationally. He has published extensively and most recently published Roadmap to Resilience: A Guide for Military Trauma Victims and Their Families. His other books include Treatment of Individuals with Anger Control Problems and Aggressive Behavior; Stress Inoculation Training; Facilitating Treatment Adherence; and The Unconscious Reconsidered.

He has consulted for various populations including veterans’ hospitals, the National Guard, psychiatric treatment centers for children, adolescents and adults, treatment center for individuals with traumatic brain injuries, torture victims, Native populations, deaf populations and school boards. See papers by Dr. Meichenbaum on www.melissainstitute.org (go to home page and click on Author’s Index and scroll to Meichenbaum)

Peter A. Levine, Ph.D., holds doctorates in both medical biophysics and psychology. The developer of Somatic Experiencing®, a body-awareness approach to healing trauma, and founder of the Somatic Experiencing Trauma Institute, which conducts trainings in this work throughout the world and in various indigenous cultures, with 26 faculty members and over five thousand students. Dr. Levine was a stress consultant for NASA on the development of the space shuttle project and was a member of the Institute of World Affairs Task Force of Psychologists for Social Responsibility in developing responses to large-scale disasters and ethno-political warfare. Levine’s international best seller, Waking the Tiger: Healing Trauma, has been translated into 22 languages. His recent interests include the prevention of trauma in children, and he has co-written two books, with Maggie Kline, in this area: Trauma Through a Child’s Eyes and Trauma-Proofing Your Kids. His most recent book: In an Unspoken Voice: How the Body Releases Trauma and Restores Goodness, was recently released to rave reviews. Levine’s original contribution to the field of Body-Psychotherapy was honored in 2010 when he received the Life Time Achievement award from the United States Association for Body Psychotherapy (USABP).

David Grand, PhD, is the founder and developer of the groundbreaking brain-body based Brainspotting method. Through his Brainspotting Trainings, Inc., he has trained over 8,000 therapists internationally.

Dr. Grand is the author of the acclaimed book, Brainspotting: The Revolutionary New Therapy for Rapid and Effective Change and the co-author of This is Your Brain on Sports. Dr. Grand is in demand as a lecturer on a variety of topics. He has accomplished breakthroughs in performance and creativity with his Brainspotting sports work and Brainspotting acting and singing coaching.

Dr. Grand has been widely featured in the media including The New York Times, NBC national news, The Discovery Channel, CNN, MSNBC, Sports Illustrated and Sirius Radio.

Dr. Grand still finds time for a full-time private psychotherapy and performance practice in Manhattan, NY.
“Brainspotting is a remarkable, sophisticated, flexible addition to the therapeutic toolkit of any psychotherapist.”

Norman Doidge, MD, FRCPC, Author of The New York Times Bestseller, The Brain That Changes Itself

Diane Poole Heller, Ph.D.: At a time when psychotherapists trained primarily in the “talking cure” are increasingly recognizing the need to “read” clients’ nonverbal communications, particularly those buried in early attachment issues, Diane Poole Heller has been a leader in addressing the unconscious issues that clients are often unable to express. With an approach grounded in Attachment Theory, Peter Levine’s Somatic Experiencing method of trauma resolution, and spiritual healing techniques, she’s traveled around the world teaching integrative mind-body methods that deepen the resonance of the therapist–client bond.

Mary Jo Barrett, MSW, the founder and director of the Center for Contextual Change, teaches at the University of Chicago. She’s the coauthor of Systemic Treatment of Incest.

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Richard Simon, Ph.D. is a clinical psychologist and for the last 30 years has been the editor of Psychotherapy Networker, the most topical, timely and widely read publication in the psychotherapy field. As editor, he has received every major magazine industry honor, including the National Magazine Award.