Pat Ogden, Ph.D., Founder and Educational Director
Sensorimotor Psychotherapy Institute®

Pat Ogden, PhD, is a pioneer in somatic psychology and both founder and education director of Sensorimotor Psychotherapy Institute®, an internationally recognized school specializing in somatic–cognitive approaches for the treatment of post-traumatic stress disorder and attachment disturbances. She is co-founder of the Hakomi Institute, past faculty of Naropa University, a clinician, consultant, international lecturer and trainer, and first author of Trauma and the Body: A Sensorimotor Approach to Psychotherapy. Her second book, Sensorimotor Psychotherapy: Interventions for Trauma and Attachment (2015) is a practical guide to integrate Sensorimotor Psychotherapy® into the treatment of trauma and attachment issues. Dr. Ogden, with colleagues, is currently developing Sensorimotor Psychotherapy® for children, couples and families.

Speaker Disclosures:
Financial: Pat Ogden is in private practice. She receives a speaking honorarium from PESI, Inc.
Non-financial: Pat Ogden is a member of the American Psychological Association.

Richard C. Schwartz, Ph.D., Owner
The Center for Self Leadership

Richard Schwartz, Ph.D., earned his Ph.D. in marriage and family therapy from Purdue University, after which he began a long association with the Institute for Juvenile Research at the University of Illinois at Chicago, and more recently at The Family Institute at Northwestern University, attaining the status of associate professor at both institutions. He is co-author, with Michael Nichols, of Family Therapy: Concepts and Methods, the most widely used family therapy text in the United States. Dr. Schwartz developed Internal Family Systems in response to clients’ descriptions of experiencing various parts – many extreme – within themselves. He noticed that when these parts felt safe and had their concerns addressed, they were less disruptive and would accede to the wise leadership of what Dr. Schwartz came to call the “Self.” In developing IFS, he recognized that, as in systemic family theory, parts take on characteristic roles that help define the inner world of the clients. The coordinating Self, which embodies qualities of confidence, openness, and compassion, acts as a center around which the various parts constellate. Because IFS locates the source of healing within the client, the therapist is freed to focus on guiding the client’s access to his or her true Self and
supporting the client in harnessing its wisdom. This approach makes IFS a non-pathologizing, hopeful framework within which to practice psychotherapy. It provides an alternative understanding of psychic functioning and healing that allows for innovative techniques in relieving clients symptoms and suffering.

In 2000, Richard Schwartz founded The Center for Self Leadership in Oak Park, Illinois. Dr. Schwartz is a featured speaker for many national psychotherapy organizations and a fellow of the American Association for Marriage and Family Therapy, and he serves on the editorial boards of four professional journals. He has published four books and over 50 articles about IFS. His books include *Internal Family Systems Therapy, Introduction to the Internal Family Systems Model, and The Mosaic Mind* (with Regina Goulding), as well as *Metaframeworks* (with Doug Breunlin and Betty Karrer). Dr. Schwartz lives and practices in Brookline, MA and is on the faculty of the Department of Psychiatry, Harvard School of Medicine.

Speaker Disclosure:
Financial: Richard Schwartz is the Founder of The Center for Self Leadership. He receives a speaking honorarium from PESI, Inc.
Non-financial: Richard Schwartz is a Fellow and member of the American Association for Marital and Family Therapy.

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Onno van der Hart, Ph.D.

Onno van der Hart, Ph.D., offers, nationally and internationally, training and consultation on trauma-related dissociation, complex trauma-related disorders including the dissociative disorders. A psychologist, adult psychotherapist, trained family therapist and researcher, he is Emeritus Professor of Psychopathology of Chronic Traumatization at the Department of Clinical and Health Psychology at Utrecht University, the Netherlands, and, until January 1, 2013, a psychologist/psychotherapist at the Sinai Center for Mental Health, Amstelveen. He is clinical consultant of the Center for Post-Trauma Therapy and Trauma Education, Helsinki and Oulu, Finland. He was Chief of Research at the Cats-Polm Institute—a research institute in the area of childhood abuse and neglect—in Zeist and a lead psychotherapist, specialized in the treatment of clients with complex trauma-related disorders, at the Mental Health Center Buitenamstel in Amsterdam.

He has been on the Editorial Board of a number of scientific journals, and he has published several books in the area of trauma and dissociation, loss, and bereavement, and over 100 articles in peer-reviewed scientific journals (several of which can be found at this website). Onno van der Hart is a Past-President of the International Society for Traumatic Stress Studies (ISTSS), a former Vice-President and Fellow of the International Society for the Study of Dissociation and Fellow of the American Society of Clinical Hypnosis (ASCH). He is a scholar in Pierre Janet studies.
Prof. Van der Hart has worked with colleagues Ellert Nijenhuis, PhD, and Kathy Steele, MN, CS, on a theoretical approach on trauma-related dissociation of the personality and treatment model which unifies psychiatric disorders with a traumatic stress origin. Their combined efforts resulted, among other things, in the publication of their book, The Haunted Self: Structural Dissociation and the Treatment of Chronic Traumatization (New YorkLondon: W.W. Norton & Cie, 2006), for which they received the Media Award of the International Society for the Study of Trauma and Dissociation. A more recent, related publication is the book Coping with Trauma-related Dissociation: Skills Training for and Therapists, by Suzette Boon, Kathy Steele and Onno van der Hart (New YorkLondon: W. W. Norton & Co), for which the authors received the 2011 Pierre Janet Writing Award of the International Society for the Study of Trauma and Dissociation.

Speaker Disclosures:
Financial: Onno van der Hart is an author for W.W. Norton & Company, Inc. and received royalties.
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Frank W. Putnam, M.D.

Frank W. Putnam, M.D., is the Professor of Psychiatry at the University of North Carolina, Emeritus Professor of Pediatrics at Cincinnati Children’s Hospital and author of The Way We Are: How States of Mind Influence our Identities, Personality and Potential for Change. Beginning with landmark studies of dissociative identity disorder (multiple personality) he has traced a developmental process across generations linking early childhood trauma with serious psychological, biological, and life course consequences.

Speaker Disclosures:
Financial: Frank Putnam is an author and receives royalties from Guilford Press and Ipbooks.
Nonfinancial: Frank Putnam has no relevant nonfinancial relationship to disclose.
Deany Laliotis, LICSW

**Deany Laliotis, LICSW** is a trainer, clinical consultant, and practitioner of EMDR who specializes in the application of EMDR therapy to complex developmental trauma and attachment issues. She is a Senior Trainer for EMDR Institute, Inc., as well as the Director of Training, where she has been a faculty member since 1993. An EMDRIA-approved Consultant, she is an invited speaker world-wide on advanced applications of EMDR therapy as a comprehensive approach. She is the co-director of EMDR of Greater Washington and maintains a private practice in Washington, DC. Deany was also presented the prestigious Francine Shapiro Award — For Outstanding Contribution and Service to EMDR Therapy — at the 2015 EMDR International Association Conference.

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Ed Tronick, Ph.D.

**Ed Tronick, Ph.D.** University Distinguished Professor, University of Massachusetts Boston; Director of Child Development Unit, Children’s Hospital Boston; author, *The Neurobehavioral and Social Emotional Development of Infants and Children.*

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Michael Mithoefer, MD

**Michael Mithoefer, MD**, clinical assistant professor of psychiatry at the Medical University of South Carolina. In 2009 he completed the first FDA approved clinical trial of MDMA-assisted psychotherapy for treatment-resistant PTSD and is conducting a second study of MDMA-assisted psychotherapy in military veterans, firefighters and police officers with PTSD.

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Lou Bergholz

**Lou Bergholz**, chief knowledge officer at Edgework Consulting, has spent the last 20 years working on creating trauma-sensitive interventions in the US and abroad that apply academic research and clinical practice to populations, often without reliable access to definitive clinical care, including at the Justice Resource Institute, CARE International, and Street Soccer USA in Gaza and Thailand.
Speaker Disclosures:
Financial: Lou Bergholz receives a consulting fee from Up2Us Sports.
Nonfinancial: Lou Bergholz has no relevant nonfinancial relationship to disclose.